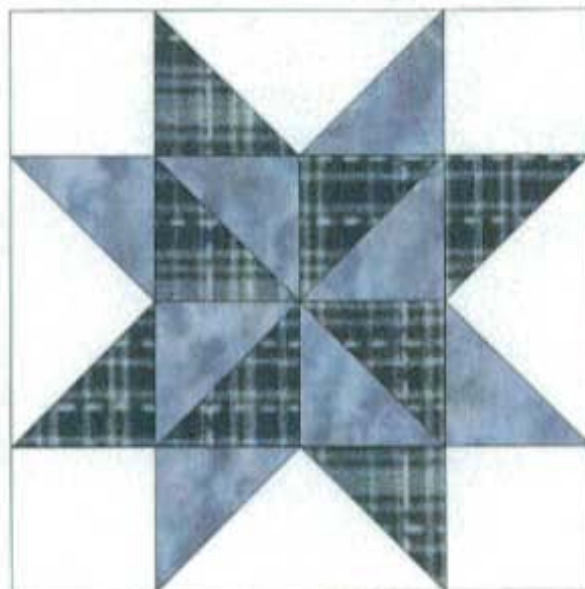


## Number 8 - Sarah's Choice

The traditional block uses 2 fabrics and a background fabric.

- Background - cut four 3 1/2" squares  
cut four 3 1/2" x 6 1/2" rectangles
- Fabric A (plaid) - cut two 4" squares  
cut four 3 1/2" squares
- Fabric B (mottled gray) - cut two 4" squares  
cut four 3 1/2" squares



**Center pinwheel** - Using Half Square Triangle Method 1 make 4 half square triangles with the Fabric A and Fabric B 4" squares. Press toward Fabric A. Trim to 3 1/2." Sew 2 of the half square triangles together pressing seam toward Fabric B following the illustration. Repeat with the second 2 half square triangles. Sew the 2 sets together. Press seam open or "fan" seams to reduce bulk.

**Flying Geese** - Using Flying Geese Method 1 make 4 flying geese units by placing a Fabric A 3 1/2" square on the right side of each of the background rectangles and a Fabric B 3 1/2" square on the left side. The finished measurement of the flying geese is 6" x 3."

**Rows 1 and 3** - Sew a 3 1/2" background rectangle to each side of 2 flying geese segments following the illustrations for orientation. Press to background.

**Row 2** - Sew a flying geese segment to each side of the pinwheel following the illustration for orientation. Press toward the pinwheel.

**To assemble the block** - Sew the rows together pressing seams toward the pinwheel.



Sarah's Choice was published by Clara Stone in *Practical Needlework Quilt Patterns* in 1906. Many of her patterns appeared in *Hearth and Home* magazine.